

SCHEDULE 14C

(Rule 14c-101)

INFORMATION REQUIRED IN INFORMATION STATEMENT

SCHEDULE 14C INFORMATION

Information Statement Pursuant to Section 14(c)
of the Securities Exchange Act of 1934

(Amendment No. 0)

- Preliminary Information Statement
 Confidential, for Use of the Commission Only (as permitted
by Rule 14c-5(d)(2))
 Definitive Information Statement

REGAL ONE CORPORATION

(Name of Registrant as Specified in Charter)

Payment of Filing Fee (Check the appropriate box):

\$125 per Exchange Act Rules 0-11(c)(1)(ii), 14c-5(g).

Fee computed on table below per Exchange Act Rules 14c-5(g) and 0-11.

(1) Title of each class of securities to which transaction applies:

(2) Aggregate number of securities to which transaction applies:

(3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):

(4) Proposed maximum aggregate value of transaction:

(5) Total fee paid:

Fee paid previously with preliminary materials.

Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.

(1) Amount Previously Paid:

(2) Form, Schedule or Registration Statement No.:

(3) Filing Party:

(4) Date Filed:

Item 1. Information Required by Items of Schedule 14A.

14A Item 1. Date, time and place information.

(a) The date of the consent to action reported in this Information Statement was March 4, 2005. The mailing address for purposes of communicating with the Company is 11300 Olympic Boulevard, Suite 800, Los Angeles, California 90064.

(b) This Information Statement will be mailed to security holders on or after March 24, 2005.

(c) Inapplicable to Information Statement.

14A Item 2. Revocability of Proxy

Inapplicable to Information Statement.

14A Item 3. Dissenters' Right of Appraisal

This issuance is exempt as to state registration under section 517.061 of the Florida Statutes and there are no dissenter's rights associated with this issuance.

14A Item 4. Persons Making the Solicitation

Inapplicable to Information Statement

14A Item 5. Interest of Certain Persons in Matters to Be Acted Upon

Inapplicable to Information Statement

14A Item 6. Voting Securities and Principal Holders Thereof

(a) The number of shares outstanding and eligible to vote or have voted in this matter are: after conversion of the Preferred shares, 13,273,259, of which 10,000,000 voted in favor of the proposal.

(b) The record date for security holders voting on this proposal was February 15, 2005.

(c)-(e) Inapplicable

14A Item 10. Compensation Plans

On May 9, 1995 the Company filed an S-8 Registration Statement (Registration No. 33-92316) with the Securities and Exchange Commission, which registered for public trading 3,000,000 shares of common stock potentially issuable under the Company's Stock Option Plan. This Stock Option Plan was created to provide incentives to those individuals who serve or have served the Company as employees, officers, directors or consultants. Under the Plan, the Board of Directors is authorized to grant options to the individuals, in its discretion, that have contributed or will contribute to the well being of the Company, and to fix the price at which these options may be exercised and the length of time between the granting of the options and their exercise by the individual recipients. Generally, the purchase price selected by the Board is the market price of the stock on the day that the options are granted, so that the options are of value only if the Company's stock appreciates in value.

The Board granted options to a number of individuals identified in the 14C filing lodged with the SEC on December 7, 1995. All of the options granted had exercise prices equal to the market price on the date of the grant. If the options that were granted are not exercised within their approved time periods, they will then revert to the Company

and may be reissued to other individuals. Of the 3,000,000 options granted, 1,707,677 have been exercised as of the date of this filing. The expiration date on the remainder of those original options would be December 31, 2002, pursuant to information set forth in the December 7, 1995 14C filing, and the amendment to that Plan filed on April 2, 1998, the further amendments filed February 17, 1999, April 8, 2002, July 11, 2002, August 22, 2002, December 26, 2002, October 7, 2003, March 22, 2004 and September 28, 2004. The company has determined that an extension of the March 31, 2005 exercise date is in order and would be beneficial to the company, and that the exercise price for these options, at \$0.8125 per share is still at or above the market price.

The proposal approved by a majority of the shares eligible to vote was the granting of an extension of the time in which to exercise the options to September 30, 2005, for those individuals or entities that have as yet not exercised their rights. The recipients are as set forth on the list below:

List of Participants in the 2005 Extension of the
1995 Employee and Consultant's Incentive Benefit Plan

Recipient Options

Nili Shamrat	12,000
John B. Lowy	15,000
David L. Kagel	25,000
Charles Wesley Stevens	30,000
Michael S. Williams	10,000
Robert F. Hammerstein	45,000
Neal R. Bruckman	45,000
Stephen F. Burg	20,000
Lanny R. Lang	10,000
C.J. Newman	<u>1,141,859</u>
 TOTAL	 1,353,859

SB Item 201(d), Release 33-8048 Information:

Plan Category	Number of Securities to be issued upon exercise of outstanding options, warrants and rights (A)	Weighted average exercise price of outstanding options, warrants and rights (B)	Number of securities remaining available for future issuance under equity compensation plans (excluding securities reflected in column (a)) (C)
Equity Compensation plans approved by security holders	1,353,859	\$0.8125	None
Equity compensation plans not approved by security holders	None	None	None
Total	1,353,859	\$0.8125	None

If you have any questions or would like a copy of the 1995 Stock Option Plan or the Company's filings with the SEC, please contact the Company at 11300 Olympic Boulevard, Los Angeles, California 90064, and copies of the information will be provided at your request, at no additional charge to you.

Under the Plan provisions as acted upon by the directors of the Company, none of the options available to have been issued were issued to any officers, directors, or nominees to be directors or officers, and specifically to any named executives under Item 402(a)(3) or Regulation S-B.

The exercise price, per share, is \$0.8125 for all of the options indicated above, and the individuals have until September 30, 2005, in which to exercise all or a portion of the options granted to them. Upon exercise of the above options by all of the optionees, the Company would receive a total of \$1,350,036.19. Exercise by any amount less than all of the options granted to all of the optionees would result in a lower payment to the Company.

C.J. Newman was originally granted approximately 83% of the available options in consideration of his services as a business and financial consultant to the Company. Mr. Newman analyzed and identified target companies for purposes of a merger, negotiated rearrangement of the Company's financial affairs with existing creditors in preparation for the merger, aided the Company in disposing of its remaining assets following the merger, and continues to provide advice to the Company through to the present date.

At the date of the grant of this extension, the value of the options (or extension of the options) granted to all of the above recipients was zero since the grant included an exercise price equal to the market price on the date of the grant. As of the date of this Information Statement, the market price is lower than the exercise price of these options, and they therefore have yet to develop any value. Any common stock resulting from an exercise of option rights under this plan will not be "qualified" options under Section 401(a) of the Internal Revenue Code, and therefore, the recipients of the resulting stock will be deemed for federal income tax purposes to recognize ordinary income during the taxable year in which the first of the following events occurs: (a) the shares become freely transferable, or (b) the shares cease to be subject to a substantial risk of forfeiture. Accordingly, these individuals will receive compensation taxable at ordinary rates equal to the fair market value of the shares on the date of receipt, less any sums paid to exercise the options, since there will be no restrictions on them and no substantial risk of forfeiture. Any sums recognized as income to the optionees will be similarly deductible to the Company as compensation paid to that individual during the taxable year in which the recipient recognizes income.

Items 7, 9, 11, 12, through 20, and 22 of the 14A proxy statement are inapplicable to this information statement.

This proposal was voted on by 13,273,259 voting common shares, after allowance for conversion of the Preferred Shares (representing common votes of 10,000,000 shares) and 3,273,259 Common Shares, with favorable votes being received of 10,000,000 for a cumulative vote of 75.34% of the shares entitled to vote. A vote of greater than 50.01% was sufficient to adopt the proposal.

Item 2. Statement That Proxies Are Not Solicited

WE ARE NOT ASKING YOU FOR A PROXY AND YOU ARE REQUESTED NOT TO SEND US A PROXY.

Item 3. Interest of Certain Persons in or Opposition to Matters to be Acted Upon.

There are no officers or directors who have an interest in the proposal and no officers or directors were granted any options under the Plan as approved by the Board of Directors. All options initially registered have been granted, and no additional share rights remain un-issued.

Item 4. Proposals by Security Holders

No proposals in opposition to this proposal were received by the Company.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, Registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

REGAL ONE CORPORATION

(Registrant)

By: /s/ Richard Babbitt

March 23, 2005

Richard Babbitt

President/Secretary, Treasurer & Director

By: /s/ Dr. Malcolm Currie

March 23, 2005

Dr. Malcolm R. Currie

Chairman & Director